ECD 135

Health, Safety and Nutrition

Course Description
This course covers a review of health/safety practices recommended for childcare and includes information on common diseases and health problems. Certification preparation is provided in pediatric safety, CPR, and FIRST AID. Guidelines and information on nutrition and developmentally appropriate activities are also studied in the course.

Prerequisite: ECD 101, RDG 100

3.0 Cr (3.0 lect/pres, 0 lab, 0 other)

Course Focus
This course is designed to teach future educators and caretaker’s health, safety and nutrition practices and guidelines in dealing with children.

Text and References

Course Goals
Upon completion of this course the student will be able to:

1. Plan and evaluate nutritionally balanced meals for young children. (NAEYC 1a, 4b, 5b)
2. Plan, design, and evaluate activities for promoting good nutrition, health, and safety practices in young children. (NAEYC 1a, 4a-4d)
3. Describe and assess the components of a healthy, safe and unsafe environment for young children. (NAEYC 1a, 4b)
4. Recognize symptoms and describe treatments and procedures for common diseases and illnesses for young children. (NAEYC 1a, 4c)
5. Describe the basic components of CPR and First Aid for young children. (NAEYC 4c)
6. Discriminate between minor and major injuries to young children and formulate the appropriate actions. (NAEYC 4c)
7. Identify the South Carolina Early Learning Standard to support health, safety, and nutrition activities for children. (NAEYC 4b, 4c, 4d)

**Course Outcomes and Competencies:**

**Intended Course Outcome #1:** Students will be able to document a child’s development and learning.

**Course Competency 1b:** Students will be able to identify multiple influences on a child’s development and learning.

**Performance Measurement Instrument and Success criteria:** Students will successfully complete an awareness poster on a health, safety, or nutrition issue.

**Student Contributions**

For this course to run properly, the student is expected to be prepared for each class including, but not limited to, reading assignments, weekly lab observations and participation in class activities. Attendance is a great contributor to student success in this course.

**Course Evaluation**

**Specific Assignments: Grading**

All assignments will be graded for accuracy. **SLOPPY OR CARELESS WORK WILL NOT BE ACCEPTED!** Only work turned in on time will be eligible for all possible points. **All work is expected to be turned in on time and no late work will be accepted!**

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Points</th>
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<tbody>
<tr>
<td>Tests (3 @ 100)</td>
<td>300</td>
</tr>
<tr>
<td>First Aid Training</td>
<td>100</td>
</tr>
<tr>
<td>Awareness Poster</td>
<td>100</td>
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<tr>
<td>Minor and Major Injuries Flip Chart</td>
<td>100</td>
</tr>
<tr>
<td>Kids in Danger Brochure</td>
<td>100</td>
</tr>
<tr>
<td>Playground Report Card</td>
<td>150</td>
</tr>
<tr>
<td>Food Picture File project</td>
<td>150</td>
</tr>
<tr>
<td><strong>Total Possible Points</strong></td>
<td><strong>1000</strong></td>
</tr>
</tbody>
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**Note:** Please keep all assignments for your final portfolio for ECD 243.

**Grading Scale:**

- **A = 90 - 100**
  - 900 - 1,000 points
- **B = 80 - 89**
  - 800 - 899 points
- **C = 70 - 79**
  - 700 - 799 points
- **D = 60 - 69**
  - 600 - 699 points
- **F = Below 69**
  - Below 600 points
- **W = Withdrawal before midterm**
- **WF = Withdrawal after midterm with a failing grade on the last day attended**

**Course Schedule**

This course consists of 3.0 lecture hours per week and 0 lab hours in various childcare settings per week.

**ADA STATEMENT**

The Technical College of the Lowcountry provides access, equal opportunity and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation, contact the counselor for students with disabilities at (843) 525-8228 during the first ten business days of the academic term.
ACADEMIC MISCONDUCT
There is no tolerance at TCL for academic dishonesty and misconduct. The College expects all students to conduct themselves with dignity and to maintain high standards of responsible citizenship.

It is the student’s responsibility to address any questions regarding what might constitute academic misconduct to the course instructor for further clarification.

The College adheres to the Student Code for the South Carolina Technical College System. Copies of the Student Code and Grievance Procedure are provided in the TCL Student Handbook, the Division Office, and the Learning Resources Center.

ATTENDANCE
The College’s statement of policy indicates that students must attend ninety percent of total class hours or they will be in violation of the attendance policy.

- Students not physically attending class during the first ten calendar days from the start of the semester must be dropped from the class for NOT ATTENDING.
- Students taking an online/internet class must sign in and communicate with the instructor within the first ten calendar days from the start of the semester to indicate attendance in the class. Students not attending class during the first ten calendar days from the start of the semester must be dropped from the class for NOT ATTENDING.
- Reinstatement requires the signature of the division dean.

In the event it becomes necessary for a student to withdraw from the course OR if a student stops attending class, it is the student’s responsibility to initiate and complete the necessary paperwork. Withdrawing from class may have consequences associated with financial aid and time to completion.

When a student exceeds the allowed absences, the student is in violation of the attendance policy. The instructor MUST withdrawal the student with a grade of “W”, “WP”, or “WF” depending on the date the student exceeded the allowed absences and the student’s progress up to the last date of attendance or
- under extenuating circumstances and at the discretion of the faculty member teaching the class, allow the student to continue in the class and make-up the work. This exception must be documented at the time the allowed absences are exceeded.
- Absences are counted from the first day of class. There are no “excused” absences. All absences are counted, regardless of the reason for the absence.
- A student must take the final exam or be excused from the final exam in order to earn a non-withdrawal grade.
- A copy of TCL’s STATEMENT OF POLICY NUMBER: 3-1-307 CLASS ATTENDANCE (WITHDRAWAL) is on file in the Division Office and in the Learning Resources Center.

HAZARDOUS WEATHER
In case weather conditions are so severe that operation of the College may clearly pose a hardship on students and staff traveling to the College, notification of closing will be made through the following radio and television stations: WYKZ 98.7, WGCO 98.3, WGZO 103.1, WFXH 106.1, WWVV 106.9, WLOW 107.9, WGZR 104.9, WFXH 1130 AM, WLHV 101.1, WSOK 1230 AM, WAEV 97.3, WTC 105 TV, WTGS TV, WJWJ TV, and WSAV TV. Students, faculty and staff are highly encouraged to opt in to the Emergency Text Message Alert System. www.tcl.edu/textalert.asp
EMERGENCY TEXT MESSAGE ALERT
Students, faculty and staff are highly encouraged to opt in to the Emergency Text Message Alert System. Participants receive immediate notification of emergency events and weather cancelations via text messaging on their cell phones. Participants can also opt in to receive non-emergency news and announcements. Go to www.tcl.edu. On the homepage, click on “emergency TextAlert at TCL” and fill out the form or go to www.tcl.edu/textalert.asp

GRADING METHODOLOGY
The final grade must be 70 or more (a grade “C” or better) in order to pass the course and progress to the next course. Students absent from an examination or presentation will receive a “0” grade for the examination unless other arrangements are made with the individual instructor prior to the examination or presentation day or on the examination or presentation day before the test/presentation is scheduled to be given.

The student is responsible for notifying the instructor for the reason of the absence. It is also the responsibility of the student to contact the appropriate instructor to arrange to make up the examination. Arrangements may be completed by telephone.

If the instructor is not available, a message should be left on the instructor’s voice mail AND with another member of the faculty or administrative assistant. The make-up exam will be scheduled and the instructor will decide the method of examination. Messages sent by other students are unacceptable.

Revised: 9/21/2012

Reviewed/Approved by Dean of Arts & Sciences 9/24/2012