Course Description

MTH 133 Massage Clinical II
Lec. 2 Lab. 3 Cr. 2
Student will perform massage therapy in a clinical massage setting. Students will be closely supervised and evaluated by instructors in all aspects of massage.
Prerequisites: BIO 238, MTH 122, MTH 123, MTH 126
Co-requisites: MTH 124, MTH 135

Course Focus
Student will perform massage therapy in a clinical massage setting. Students will be closely supervised and evaluated by instructors in all aspects of massage.

Text and References
none

Course Goals
The following list of course goals will be addressed in the course. These goals are directly related to the performance objectives. (*designates a CRUCIAL goal)

1. observe clinical schedule requirements
2. observe clinical uniform requirements
3. bring required linens
4. bring required lubricant holder
5. observe universal precautions
6. organize clinical lab workspace
7. organize clinical session forms
8. practice pre-session warm-up
*9. complete 20 required 60 minute clinical massage sessions
*10. perform client intake interview
11. identify massage contraindications
12. employ active listening skills
13. assess pre-session client gait
14. assess pre-session client posture
15. assess pre-session client ROM
*16. develop individual treatment plan
17. enumerate personal session goals
18. protect pre- and post- session client privacy
19. position prone and supine clients
20. position side-lying clients
21. drape massage client
22. apply appropriate lubricants
23. apply appropriate massage strokes
24. correct personal technical deficiencies
25. employ correct body mechanics
26. employ appropriate massage tools
27. demonstrate interpersonal maturity
28. demonstrate sustained clinical session focus
29. identify specific bony landmarks
30. identify specific muscles
31. palpate hypertonic tissues
32. palpate myofascial restrictions
33. incorporate advanced techniques
34. incorporate appropriate hot and cold applications
35. incorporate appropriate stretching techniques
36. integrate appropriate technique variety
37. integrate appropriate sequence variety
38. maintain professional hygienic standards
39. maintain quiet clinical environment
40. manage clinical session time
41. observe TCL clinical payment procedure
42. follow pre- and post- session protocols
43. follow client scheduling protocol
44. measure post- session posture
45. measure post- session gait
46. measure post- session ROM
47. explain client self-care
48. receive client feedback
49. receive instructor feedback
50. document clinical massage sessions
51. utilize SOAP note format
52. utilize correct anatomical terms
53. use 1-10 pain scale scale
54. utilize anatomical diagrams
55. discuss client pathologies
56. discuss therapeutic goals
57. evaluate personal session goals
58. maintain confidential client files
59. clean massage equipment
60. communicate unsafe conditions
61. design 90 minute massage session
62. perform 90 minute demonstration massage session
63. give constructive partner feedback
64. identify personal technical deficiencies
65. interview clinical case study client
Student Contributions

Classes are designed to employ a variety of teaching techniques. In order to maximize learning, required readings and Web enhanced sections should be done prior to class. If a student is falling behind in clinical performance and/or academic achievement, it is imperative to seek immediate assistance from the instructor.

Course Evaluation

- Completion of 20 clinical massage sessions: 200 points
- Documentation of clinical massage sessions: 200 points
- Completion of clinical case study: 50 points
- Class Participation and Professional Behaviors: 50 points
- Total Points: 500 points

Course Schedule

Monday or Thursday LEC/LAB 8:30 am - 4:30 pm, New River Campus

ADA STATEMENT

The Technical College of the Lowcountry provides access, equal opportunity and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation, contact the counselor for students with disabilities at (843) 525-8228 during the first ten business days of the academic term.

ATTENDANCE

1. The College’s statement of policy indicates that students must attend ninety percent of total class hours or they will be in violation of the attendance policy.

2. Students not physically attending class during the first ten calendar days from the start of the semester must be dropped from the class for NOT ATTENDING.

3. Students taking an online/internet class must sign in and communicate with the instructor within the first ten calendar days from the start of the semester to indicate attendance in the class. Students not attending class during the first ten calendar days from the start of the semester must be dropped from the class for NOT ATTENDING.

4. Reinstatement requires the signature of the division dean.
   a. In the event it becomes necessary for a student to withdraw from the course OR if a student stops attending class, it is the student’s responsibility to initiate and complete the necessary paperwork. Withdrawing from class may have consequences associated with financial aid and time to completion.
b. When a student exceeds the allowed absences, the student is in violation of the attendance policy. The instructor MUST withdraw the student with a grade of “W”, “WP”, or “WF” depending on the date the student exceeded the allowed absences and the student’s progress up to the last date of attendance.

or

c. Under extenuating circumstances and at the discretion of the faculty member teaching the class, allow the student to continue in the class and make-up the work. This exception must be documented at the time the allowed absences are exceeded.

d. Absences are counted from the first day of class. There are no "excused" absences. All absences are counted, regardless of the reason for the absence.

5. A student must take the final exam or be excused from the final exam in order to earn a non-withdrawal grade.

6. Students are expected to be in class on time. Arrival to class after the scheduled start time or leaving class prior to dismissal counts as a tardy. Three tardies and/or early departures are considered as one absence unless stated otherwise.

7. It is the student's responsibility to sign the roll/verify attendance with instructor upon entering the classroom. Failure to sign the roll/verify attendance results in a recorded absence. The student is responsible to insure that attendance is marked. The student is responsible for all material/announcements presented, whether present or absent.

8. Continuity of classroom and laboratory (which includes clinical experiences) is essential to the student’s progress in providing safe and competent patient care. Students are expected to use appropriate judgment for participating in clinical activities. To evaluate the student’s knowledge and skills, it is necessary for the student to be present for all clinical experiences.

9. If absence does occur, the designated clinical site, in addition to the Division of Health Sciences Administrative Assistant, must be notified by telephone no later than 30 minutes prior to the start of the clinical experience. The Division of Health Sciences telephone number is 843-525-8267.

A copy of TCL’s STATEMENT OF POLICY NUMBER: 3-1-307 CLASS ATTENDANCE (WITHDRAWAL) is on file in the Division Office and in the Learning Resources Center.

HAZARDOUS WEATHER
In case weather conditions are so severe that operation of the College may clearly pose a hardship on students and staff traveling to the College, notification of closing will be made through the following radio and television stations: WYKZ 98.7, WGCO 98.3, WGZO 103.1, WFXH 106.1, WWVV 106.9, WLOW 107.9, WGZR 104.9, WFXH 1130 AM, WLHV 101.1, WSOV 1230 AM, WAEV 97.3, WTOC TV, WTGS TV, WJWJ TV, and WSAV TV. Students, faculty and staff are highly encouraged to opt in to the Emergency Text Message Alert System. www.tcl.edu/textalert.asp
ACADEMIC MISCONDUCT

There is no tolerance at TCL for academic dishonesty and misconduct. The College expects all students to conduct themselves with dignity and to maintain high standards of responsible citizenship.

It is the student’s responsibility to address any questions regarding what might constitute academic misconduct to the course instructor for further clarification.

The College adheres to the Student Code for the South Carolina Technical College System. Copies of the Student Code and Grievance Procedure are provided in the TCL Student Handbook, the Division Office, and the Learning Resources Center.

Health care professionals hold the public trust. Academic misconduct by health science students calls that trust into question and academic integrity is expected.

It is a fundamental requirement that any work presented by students will be their own. Examples of academic misconduct include (but are not limited to):

1. copying the work of another student or allowing another student to copy working papers, printed output, electronic files, quizzes, tests, or assignments.
2. completing the work of another student or allowing another student to complete or contribute to working papers, printed output, electronic files, quizzes, tests, or assignments.
3. viewing another student’s computer screen during a quiz or examinations.
4. talking or communicating with another student during a test.
5. violating procedures prescribed by the instructor to protect the integrity of a quiz, test, or assignment.
6. plagiarism in any form, including, but not limited to: copying/pasting from a website, textbook, previously submitted student work, or any instructor-prepared class material; obvious violation of any copyright-protected materials.
7. knowingly aiding a person involved in academic misconduct.
8. providing false information to staff and/or faculty.
9. entering an office unaccompanied by faculty or staff.
10. misuse of electronic devices.
GRADING POLICY

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Grading Methodology. The final grade must be 75.000 or more in order to pass the course and progress in the program. Students absent from an examination or presentation will receive a “0” grade for the examination unless other arrangements are made with the individual instructor prior to the examination or presentation day or on the examination or presentation day before the test/presentation is scheduled to be given. It is the responsibility of the student to contact the appropriate instructor to arrange to make up the examination. Arrangements may be completed by telephone. If the instructor is not available, a message should be left on the instructor’s voice mail AND with another member of the faculty or administrative assistant. The instructor will decide the time and method of make-up examinations on an individual basis. Messages sent by other students are unacceptable. The student is responsible for notifying the instructor of the reason for the absence. Grades are posted on Blackboard within one week of administration of tests and examinations.

Instructor’s Name: Denise Van Nostran
OFFICE LOCATION: New River Campus, Room 221
OFFICE NUMBER: 843-470-6020 (office)
            843-301-7343 (mobile)
Office Hours: As posted
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