NUR155
Contemporary Nursing Practice I
Fall 2012

Course Description

NUR 155 Contemporary Nursing Practice I
Lec. 4 Lab. 6 Cr. 6
This course provides further development of proficient nursing care of individuals experiencing commonly occurring health problems with predictable outcomes. Prerequisites: NUR 105, NUR 134. Corequisites: BIO 211, PSY 203.
6 Cr (3 lect/pres, 1 lab, clinical as assigned)

Course Focus

This course provides further development of proficient nursing care of individuals experiencing commonly occurring health problems with predictable outcomes

Text and References


RN Pharmacology for nursing. ATI.
RN Adult Medical Surgical Nursing. ATI.

A nursing drug guide (less than 2 years old)
Laboratory/diagnostic reference of student's choice

Course Outcomes. Upon successful completion of the course a student will be able to:

1. Indicate how various functional health patterns may be affected by commonly occurring health problems.
2. Describe nursing standards of care for patients with commonly occurring health problems.
3. Compare the nursing implications of acute and chronic health problems.
4. Describe teaching strategies for individuals with commonly occurring health problems.
   Determine cultural, spiritual, developmental and psychosocial variables which influence patients and families.

Clinical Outcomes. Upon successful completion of the course a student will be able to:

1. Demonstrate professional behavior.
2. Use accepted standards of clinical practice to provide care to individuals with acute or chronic health problems.
3. Anticipate how common health problems affect various functional health patterns.
4. Use effective communication with patients, families, and peers.
5. Teach individuals basic health care related to commonly occurring health problems with predictable outcomes.

Course Goals

The following list of course goals will be addressed in the course. (*designates a CRUCIAL goal)

1. report suspected abuse and neglect
2. detail rapid response team purpose
3. prioritize nursing care
4. prioritize patient care
5. prioritize resuscitation interventions
6. appraise emergency situations
7. appraise surgical incisions and wounds
8. evaluate complementary and alternative medicine patient and family use
9. evaluate health care informatics
10. evaluate patient outcomes
11. examine systematic quality improvement process nursing role
12. incorporate complementary and alternative pain management therapies
13. incorporate cultural practices and beliefs
14. verify presurgical checklist
15. appraise patient risk
16. assess lifestyle risks
17. assess patient infusion site
18. assess patient needs
19. delegate nursing tasks
20. demonstrate professional behavior*
21. manage patients spiritual distress
22. follow joint commission and federal and state patient restraint standards
23. imitate nursing responsibilities
24. prevent iv administration errors
25. prevent vascular complications
26. reduce family and patient anxiety
27. teach individuals basic health care
28. teach patient prevention
29. teach patient health promotion and maintenance
30. anticipate common health problems
31. arrange patient confidentiality
32. display coping skills
33. document pain assessment
34. employ best practices
35. illustrate medical surgical nurse primary roles
36. implement emergency preparedness and response plan
37. maintain safe and effective care environment
38. maintain special needs care
39. make cultural assessment
40. perform pain assessment
41. promote rehabilitation patient and family independence
42. provide end of life care
43. provide individual care
44. provide patient information
45. support patient and family decisions
46. use accepted clinical practice standards
47. use appropriate safety techniques
48. use effective communication
49. define key terms and concepts
50. depict quality of care and patient care focus
51. diagnose patient risk
52. diagnose risk factors
53. discuss drug therapy influences
54. employ ethical principles
55. employ infusion therapy nursing considerations
56. identify lesbian gay bisexual and transgender related health issues
57. identify older adult subgroups
58. identify substance abuse symptoms
59. list evidence based practice process
60. list health team roles and responsibilities
61. recognize commonly occurring health problems
62. recognize health patterns
63. recognize surgical patient
64. recommend home modifications
65. select best practices interventions
66. characterize pain types
67. compare and contrast key terms
68. compare drug administration routes
69. compare key emergency personnel roles
70. describe key terms and concepts
71. describe nursing interventions
72. differentiate complementary and alternative therapy domains
73. differentiate training techniques
74. differentiate vascular access device types
75. establish care plan*
76. explain drug effects
77. explain surgical procedure
78. apply aseptic technique
79. collaborate with health care team members
80. communicate patient issues*
81. determine patient and family education needs
82. determine patient care priorities
83. develop pain management community based teaching plan
84. develop personal emergency preparedness plan
85. develop rehabilitation teaching plan
86. discuss pain assessment and management attitudes
87. interpret laboratory results
88. interpret physical and psychosocial assessment findings
89. interpret white blood cell count
90. profile generic and folk medicine examples

Student Contributions

Classes are designed to employ a variety of teaching techniques. In order to maximize learning, required readings and Web enhanced sections should be done prior to class. If a student is falling behind in clinical performance and/or academic achievement, it is imperative to seek immediate assistance from the instructor.

In order to perform at a satisfactory level in the clinical area, students must be prepared, on a daily basis, to do the following:

1. demonstrate a thorough knowledge of patient’s condition and related nursing care;
2. complete clinical assignments (e.g. written assignments, care planning, patient care), on time and in the prescribed manner;
3. arrive on time and in proper uniform;
4. give a complete report on all assigned patients to the assigned nurse or charge nurse before leaving the clinical unit each day;
5. utilize the nursing process in the delivery of safe and competent patient care;
6. accurately perform nursing skills and procedures learned in campus lab;
7. correctly apply all previously mastered knowledge, skills, and abilities.

Students not prepared to care for his/her assigned patient(s) will be given an unsatisfactory for the day.

Assessment tests (ATI) are given to assist in the evaluation of individual student progress and to support student success. The dates for completion of these tests are posted on the course calendar. Students who do not achieve the required scores are encouraged to meet with the course coordinator and
complete the prescribed remediation. The date for completion of remediation, when required, is due prior to the final exam. Failure to complete the testing or required remediation by the dates indicated above will result in a grade of Incomplete ("I") for the course and non-progression in the nursing curriculum. Students having difficulty with either the tests or remediation components of this course must speak personally with the course coordinator three (3) business days or more in advance of the published due dates.

Students must receive satisfactory on clinical and laboratory evaluations to pass the course.

**Nursing laboratory**  Learning experiences in the nursing laboratory provide an opportunity for the student to become familiar with equipment and techniques. The student utilizes the nursing laboratory to practice new skills. Skills must be practiced in the laboratory before being used in the clinical setting. Competence must be demonstrated in the nursing laboratory and clinical setting. Students are responsible for material covered in campus laboratory. In order to progress in the course and program, by the end of the course each student MUST achieve a satisfactory skill criterion and demonstrate competence in laboratory skills.

At the conclusion of each laboratory experience, the student’s performance is evaluated. The student is awarded 1 point for each satisfactory performance and 0 points if performance is unsatisfactory. The student’s performance is evaluated based on environmental contribution, attendance, and preparedness. Expectations include:

1. Contributing to a productive learning environment for self and others by
   a. being prepared for the lab activities by reading and watching DVD if applicable
   b. answering questions and identifying steps or processes about skill
   c. demonstrating mastery of skills
   d. remaining attentive

2. Arriving and departing on time. The clock in the lab will be used for time keeping purposes. Attendance is expected for each scheduled laboratory experience.

See **Course Evaluation** for point requirements in this course.

**Course Evaluation**

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<thead>
<tr>
<th>Component</th>
<th>Points</th>
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<tbody>
<tr>
<td>3 unit exams at 20% each</td>
<td>60%</td>
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<tr>
<td>1 final exam (Comprehensive)</td>
<td>33%</td>
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<tr>
<td>Case study</td>
<td>7% (5 extra points added to mentors papers)</td>
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<td>100%</td>
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Laboratory must be rated as satisfactory (must earn a minimum of 8 points).

Clinical evaluations must be satisfactory to pass the course.
Course Schedule

Lecture: Tuesday and Wednesday 9:15 - 10:45 a.m.
1 hour web-based instruction each week

Clinical: 78 hours total (as scheduled)
Labs: Tuesday 1 hour campus lab as assigned
Course website: http://tclbb.vmc3.com/

ADA STATEMENT

The Technical College of the Lowcountry provides access, equal opportunity and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation, contact the counselor for students with disabilities at (843) 525-8228 during the first ten business days of the academic term.

ATTENDANCE

The College’s statement of policy indicates that students must attend ninety percent of total class hours or they will be in violation of the attendance policy.

1. Students not physically attending class during the first ten calendar days from the start of the semester must be dropped from the class for NOT ATTENDING.

2. Students taking an online/internet class must sign in and communicate with the instructor within the first ten calendar days from the start of the semester to indicate attendance in the class. Students not attending class during the first ten calendar days from the start of the semester must be dropped from the class for NOT ATTENDING.

3. Reinstatement requires the signature of the division dean.
   a. In the event it becomes necessary for a student to withdraw from the course OR if a student stops attending class, it is the student’s responsibility to initiate and complete the necessary paperwork. Withdrawing from class may have consequences associated with financial aid and time to completion.

   b. When a student exceeds the allowed absences, the student is in violation of the attendance policy. The instructor MUST withdrawal the student with a grade of “W”, “WP”, or “WF” depending on the date the student exceeded the allowed absences and the student’s progress up to the last date of attendance

   or

   c. under extenuating circumstances and at the discretion of the faculty member teaching the class, allow the student to continue in the class and make-up the work. This exception must be documented at the time the allowed absences are exceeded.

   d. Absences are counted from the first day of class. There are no "excused" absences. All absences are counted, regardless of the reason for the absence.
4. A student must take the final exam or be excused from the final exam in order to earn a non-withdrawal grade.

5. Students are expected to be in class on time. Arrival to class after the scheduled start time or leaving class prior to dismissal counts as a tardy. Three tardies and/or early departures are considered as one absence unless stated otherwise. Arrival to class, clinical, and lab by the published time is an expectation for all students. Class, clinical, and lab times are measured by the clock in these teaching areas. Failure to attend class, clinical, and lab on time as measured by the clock in these areas may result in point reductions.

6. It is the student’s responsibility to sign the roll/verify attendance with instructor upon entering the classroom. Failure to sign the roll/verify attendance results in a recorded absence. In the event of tardiness, it is the student’s responsibility to insure that attendance is marked. The student is responsible for all material/announcements presented, whether present or absent.

7. Continuity of classroom and laboratory (which includes clinical experiences) is essential to the student’s progress in providing safe and competent patient care. Students are expected to use appropriate judgment for participating in clinical activities. To evaluate the student’s knowledge and skills, it is necessary for the student to be present for all clinical experiences. If absence does occur, the designated clinical site, in addition to the Division of Health Sciences Administrative Assistant, must be notified by telephone no later than 30 minutes prior to the start of the clinical experience. The Division of Health Sciences telephone number is 843-525-8267. Students must meet with the course coordinator and program director after clinical absences.

8. Absences from the clinical area are strongly discouraged. The TCL attendance policy applies to classes (Lectures) only. Students are expected to attend all laboratory and clinical experiences. “No call, no show” for clinical is unprofessional conduct and the student will be withdrawn from the program with a WF.

A copy of TCL’s STATEMENT OF POLICY NUMBER: 3-1-307 CLASS ATTENDANCE (WITHDRAWAL) is on file in the Division Office and in the Learning Resources Center.

HAZARDOUS WEATHER

In case weather conditions are so severe that operation of the College may clearly pose a hardship on students and staff traveling to the College, notification of closing will be made through the following radio and television stations: WYKZ 98.7, WGCO 98.3, WGZO 103.1, WFXH 106.1, WWVV 106.9, WLOW 107.9, WGZR 104.9, WFXH 1130 AM, WLH 101.1, WSOK 1230 AM, WAHV 97.3, WTOC TV, WTGS TV, WJWJ TV, and WSAV TV. Students, faculty and staff are highly encouraged to opt in to the Emergency Text Message Alert System. www.tcl.edu/textalert.asp
ACADEMIC MISCONDUCT

There is no tolerance at TCL for academic dishonesty and misconduct. The College expects all students to conduct themselves with dignity and to maintain high standards of responsible citizenship.

It is the student’s responsibility to address any questions regarding what might constitute academic misconduct to the course instructor for further clarification.

The College adheres to the Student Code for the South Carolina Technical College System. Copies of the Student Code and Grievance Procedure are provided in the TCL Student Handbook, the Division Office, and the Learning Resources Center.

Health care professionals hold the public trust. Academic misconduct by health science students’ calls that trust into question and academic integrity is expected.

It is a fundamental requirement that any work presented by students will be their own. Examples of academic misconduct include (but are not limited to):

1. copying the work of another student or allowing another student to copy working papers, printed output, electronic files, quizzes, tests, or assignments.
2. completing the work of another student or allowing another student to complete or contribute to working papers, printed output, electronic files, quizzes, tests, or assignments.
3. viewing another student’s computer screen during a quiz or examinations.
4. talking or communicating with another student during a test.
5. violating procedures prescribed by the instructor to protect the integrity of a quiz, test, or assignment.
6. plagiarism in any form, including, but not limited to: copying/pasting from a website, textbook, previously submitted student work, or any instructor-prepared class material; obvious violation of any copyright-protected materials.
7. knowingly aiding a person involved in academic misconduct.
8. providing false information to staff and/or faculty.
9. entering an office unaccompanied by faculty or staff.
10. misuse of electronic devices.

GRADING POLICY

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<tr>
<th>Grading scale</th>
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<tr>
<td>90% - 100%</td>
<td>A</td>
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<tr>
<td>82% - 89%</td>
<td>B</td>
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<tr>
<td>75% - 81%</td>
<td>C</td>
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<tr>
<td>70% - 74%</td>
<td>D</td>
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<tr>
<td>Below 70%</td>
<td>F</td>
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<tr>
<td>W</td>
<td>withdraw</td>
</tr>
<tr>
<td>WP</td>
<td>withdraw with passing grade</td>
</tr>
<tr>
<td>WF</td>
<td>withdraw with failing grade</td>
</tr>
<tr>
<td>I</td>
<td>Incomplete</td>
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Grading Methodology. The final grade must be 75.000 or more in order to pass the course and progress in the program. Students absent from an examination or presentation will receive a “0” grade for the examination unless other arrangements are made with the individual instructor prior to the examination or presentation day or on the examination or presentation day before the test/presentation is scheduled to be given. Arrangements may be completed by telephone. If the instructor is not available, a message should be left on the instructor’s voice mail AND with another member of the faculty or administrative assistant. Messages sent by other students are unacceptable. The student is responsible for notifying the instructor for the reason of the absence. Students who are tardy for an examination will take the examination in the remaining allotted time.

Make up quizzes and/or examinations may be offered, at the instructor’s discretion, during the final examination period. Additional options for make-up testing include reweighting the final examination. It is the responsibility of the student to contact the appropriate instructor to arrange to make up the examination. The instructor will decide the method of examination. Grades are posted on Blackboard within one week of administration of tests and examinations.

There is a 10 point penalty on the test for any noise emitting from an electronic device.

Course Coordinator: Kathy Slyh, MSN, RN
OFFICE LOCATION: Building 4, Room 125
TELEPHONE NUMBER: 843-525-8256
Office Hours: By Appointment
E-MAIL: kslyh@tcl.edu

Course Coordinator: Lynda Buss, MSN, RN
OFFICE LOCATION: Building 4, Room 125
TELEPHONE NUMBER: 843-470-8389
Office Hours: By appointment
Email: lbuss@tcl.edu
FOR COURSE SECTIONS OFFERED IN DISTANCE LEARNING FORMAT. This class is taught in a distance-learning format. Images and words of class participants may be transmitted live or on a delayed basis to other locations. Classes may be rebroadcast due to extenuating circumstances.

COMPUTER REQUIREMENTS. To ensure successful completion of an online course, a student should have an appropriately equipped computer. Use the guidelines included on the TCL website.

USER RESPONSIBILITY ON USE AND DUPLICATION OF COMPUTER SOFTWARE (TCL PROCEDURE 7-1-702.5). Students are responsible for the legal use of computer software and applicable copyright laws and are prohibited from copying software on College computers and from installing personal software.

COURSE POLICIES/PROCEDURES
It is clearly to the advantage of the student to attend class regularly. Test materials are weighted heavily in favor of lecture materials.

All cell phones and pagers must be turned off during class (lecture and laboratory periods). No pagers or phones are allowed in the clinical facility. No exceptions are made to this rule. Students are held accountable for content in the nursing student handbook.


Instructors will excuse a student from class who disrupts the class.
No course grades are posted in public areas. Grades are available through Web Advisor. The student must go to the college’s website www.tcl.edu Select current student then select TCL Web Advisor and find: (1) the directions and a demonstration on how to log in to Web Advisor, and (2) how to access grades. For questions, contact the TCL Help Desk at 525-8344 or the Registrar’s office at 525-8210.

COMMUNICATION
Instructors will generally respond to voice mail messages and e-mail messages as soon as possible. If there is a problem, the student should remember that a face-to-face meeting with the instructor is best. Student should contact instructor to make an appointment. **Student should check TCL email at least once each day.**
Students
Contact information for instructors is listed at VII Class Information on the course syllabus. The student is responsible for making sure that the instructor and College has his/her current contact information, including telephone number(s) and e-mail address. All students are expected to establish a TCL email account. The student is responsible for checking the course Blackboard site and TCL email account regularly (at least 2-3 times a week) for course announcements and email.

Voice Messages
Instructors' telephone numbers and the Division Administrative Assistant's telephone number are listed at VII Class Information on the course syllabus. When leaving a voice mail message for the instructor, the student should speak slowly and clearly. He/she should leave accurate information including accurate telephone number(s) where he/she may be reached. It is helpful to repeat the telephone number at the very end of the voice message. The Division Administrative Assistant is available on class days from 8:00-5:30 pm. A message left with the Administrative Assistant will be received by the instructor when he/she checks the mailbox. The most efficient way to get a voice mail message to an instructor is to leave a voicemail at the instructor's contact number listed at VII Class Information on the course syllabus. If there is a need to call an adjunct instructor, call the Division Office 843-525-8267 from 8:00-5:30 pm Monday – Thursday and 8:00 – 11:30am on Friday. The Administrative Assistant will place a note in the instructor's mailbox. A message left with the Administrative Assistant will be received by the instructor when he/she checks the mailbox.

E-mail Messages
The instructor's e-mail address is listed at VII Class Information on the course syllabus. When e-mailing the instructor, the student should identify herself/himself in the body of the message. Identifying information should include name, course, and section in which the student is enrolled, and a telephone number where he/she may be reached. With the tools provided by the browser, it might be helpful to create a "signature" with this information for all e-mails. E-mails to adjunct instructors may be addressed to the instructor and sent to the Division Administrative Assistant at 525-8267. A copy will be made and placed in the adjunct instructor's mailbox. Students may also email selected adjunct instructors in course websites.

COURSE COORDINATOR: Kathleen L. Slyh, MSN, RN
OFFICE LOCATION: Building 4, Room 125
TELEPHONE NUMBER: 843-525-8256
E-MAIL: ksllyh@tcl.edu

INSTRUCTOR: Lynda Buss, MSN, RN
OFFICE LOCATION: Building 4, Room 215
TELEPHONE NUMBER: 843-470-8389
E-MAIL: lbuss@tcl.edu

Instructional Methods
Assigned readings
Case study  Group discussion
Clinical conferences  Self-paced learning programs
Clinical experiences  Small group exercises
DVD’s  Test/final examination
Test reviews  Demonstration/return demonstration
Laboratory practice  Written assignments
Lecture  ATI assessment tests/remediation

ADDITIONAL COURSE POLICIES/PROCEDURES

Course Structure. Classes are designed to employ a variety of teaching/learning strategies. In order to maximize learning, required readings should be done prior to a unit. If a student is falling behind in clinical performance or academic achievement, it is imperative to seek immediate assistance from the instructors.

Distance education students are expected to attend on-campus activities as announced.

Other Required Materials
TCL student nurse uniforms, name pin, & college picture student ID
White lab coat
Stethoscope
Watch with second hand
Black ball point pen (No gel pens)