Technical College of the Lowcountry
921 Ribaut Road, PO Box 1288
Beaufort, SC 29901-1288

NUR 158
Health Promotion for Families I
Spring 2 2015

Course Description
NUR 158/Health Promotion for Families I
Lecture - 3, Lab. - 3, Credit - 4

This course focuses on nursing care of the childbearing and childrearing families experiencing normal developmental changes and common health problems.

Prerequisite: NUR 105 and NUR 134
Corequisite: BIO 211, NUR 155, PSY 203
4 Credits (3 lec/pres, 1 lab, clinical as assigned)

Course Focus
This course focuses on nursing care of the childbearing and childrearing families experiencing normal developmental changes and common health problems.

Text and References

Washington, DC: Author (reference)


Louis, MO: Elsevier Saunders


Mosby Elsevier Saunders.


Wissmann, J. (Ed.) (2010). Pharmacology for nursing: 5.0. Assessment Technologies Institute, LLC.


A laboratory pack is required and is available at the bookstore.
Nursing drug guide (less than two years old)
Nursing Diagnosis handbook (less than two years old)

Course Outcomes - Upon successful completion of the course, a student will be able to

1. Relate basic principles of growth and development to the nursing care of childbearing and childrearing families. (Program Outcomes 2,3,4,5)*

2. Explain the role of nutrition in health promotion/health maintenance of the childbearing and childrearing family. (Program Outcomes 2,3,4,5)*

3. Examine cultural and spiritual influences on childbearing and childrearing families. (Program Outcomes All)*

4. Describe the nursing implications of commonly occurring health problems of infants and children. (Program Outcomes 3,4,5)*

5. Discuss the nursing role in promoting family centered pediatric and maternity care. (Program Outcomes All)*

6. Describe implications related to basic reproductive health needs. (Program Outcomes 2,3,4,5)*

7. Relate the nursing process to the care of prenatal, perinatal, postpartum, and neonatal patients. (Program Outcomes All)*

*Identified curriculum concepts related to program outcomes

Clinical Outcomes - Upon successful completion of the course, a student will be able to:

1. Apply the ethical and legal aspects of nursing care when caring for the childbearing and childrearing family. (Program Outcomes All)

2. Use effective communication techniques with the childbearing and childrearing families. (Program Outcomes All)

3. Use accepted standards of clinical practice to provide care to uncomplicated perinatal, postpartum, and neonatal patients. (Program Outcomes All)

4. Integrate health promotion and maintenance aspects into teaching the childbearing and childrearing family about basic health care. (Program Outcomes All)

5. Demonstrate professional behavior. (Program Outcomes All)

*Identified curriculum concepts related to program outcomes

Course Goals
The following list of course goals will be addressed in the course. (*designates a CRUCIAL goal, which there are 10)

1. administer safe medications*
2. identify nursing diagnoses
3. apply prior learning
4. apply the nursing process
5. calculate medication dosages
6. compare family types
7. complete assigned patient care
8. **complete clinical assignments**
9. critique family culture
10. deliver family teaching
11. **demonstrate personal responsibility**
12. determine nursing needs
13. document patient care
14. document patient education
15. **employ the nursing process in patient care**
16. explore family culture
17. explore family roles
18. identify age related reproductive system changes
19. illustrate professional appearance
20. **illustrate professional behavior**
21. **maintain asepsis**
22. outline family characteristics
23. perform therapeutic communication
24. relate functional health patterns
25. **relate the nursing process to the care of patients**
26. address inpatient perinatal medications
27. state maternal child nursing goals
28. **demonstrate critical thinking**
29. describe basic reproductive health needs
30. describe reproductive disorders
31. differentiate health history components
32. evaluate childbearing cultural practices
33. evaluate childrearing cultural practices
34. examine health care delivery systems
35. formulate contraceptive teaching plan
36. formulate written patient care plans
37. identify genetic transmission patterns
38. increase cultural competence
39. interpret reproductive concepts
40. interpret diagnostic results
41. outline contraceptive risk factors
42. analyze nursing roles
43. analyze nutritional needs
44. articulate sexually transmitted impacts
45. communicate personal experiences
46. differentiate nursing practice levels
47. support stressed families
48. explore personal family experiences
49. **organize clinical activities**
50. **utilize feedback to improve nursing practice**
51. apply maternal child nursing standards
52. perform prenatal assessment
53. recognize infertility factors
54. calculate expected delivery date
55. compare gestational and nongestational diabetes
56. contrast perinatal interventions
57. contrast gestational and nongestational complications
58. contrast preterm and full term risk factors
59. examine family nursing ethics
60. identify perinatal risk factors
61. outline gestational bleeding disorders
62. recognize common gestational discomforts
63. summarize physiologic gestational changes
64. summarize psychosocial gestational changes
65. summarize socioeconomic issues
66. document labor components
67. implement postpartum care plan
68. identify labor stages
69. consider postpartum adaptation
70. formulate postpartum outcomes
71. perform postpartum care
72. perform postpartum assessment
73. provide newborn care
74. implement neonatal care plan
75. calculate newborn nutritional needs
76. compare infant feeding types
77. relate sensory impairment
78. measure age-appropriate growth development
79. distinguish communicable diseases
80. promote maximal development
81. recognize developmental impairment
82. delineate pediatric musculoskeletal disorders
83. differentiate adult and pediatric skin conditions
84. discern pediatric neurologic disorders
85. present pediatric gastrointestinal disorders
86. recount pediatric genitourinary disorders
87. articulate pediatric endocrine disorders
88. classify pediatric hematologic disorders
89. critique pediatric respiratory disorders
90. discern pediatric cardiovascular disorders
91. sequence chronic pediatric conditions
92. recognize cognitive impairment
93. articulate physical and emotional abuse

Student Contributions

Classes are designed to employ a variety of teaching techniques. In order to maximize learning, required readings and Online Learning-Web enhanced sections should be done prior to class. If a student is falling behind in clinical performance and/or academic achievement, it is imperative to seek immediate assistance from the instructor. In addition the student will be referred to the “Retention Coordinator” to explore avenues for academic success.

In order to perform at a satisfactory level in the clinical area, students must be prepared, on a daily basis, to do the following:

1. demonstrate a thorough knowledge of patient's condition and related nursing care;
2. complete clinical assignments (e.g. written assignments, care planning, patient care), on time and in the prescribed manner;
3. arrive on time and in proper uniform;
4. give a complete report on all assigned patients to the assigned nurse or charge nurse before leaving the clinical unit each day;
5. utilize the nursing process in the delivery of safe and competent patient care;
6. accurately perform nursing skills and procedures learned in campus lab;
7. correctly apply all previously mastered knowledge, skills, and abilities.
Students not prepared to care for his/her assigned patient(s) will be given an unsatisfactory for the day.

**ATI**
Achievement assessments are given to assist in the evaluation of individual student progress and to support student success. The dates for completion of these tests are posted on the course calendar. Students who do not achieve the required scores are encouraged to meet with the course coordinator and complete the prescribed remediation. The date for completion of remediation, completion of ATI tutorials, and practice assessments when required, are due prior designated date as determined by the course coordinator. Failure to complete the testing, tutorials, or required remediation by the dates indicated will result in a grade of Incomplete ("I") for the course and non-progression in the nursing program. **Students having difficulty with either the tests or remediation components of this course must speak personally with the course coordinator three (3) business days or more in advance of the published due dates.**

**Nursing laboratory** - Learning experiences in the nursing laboratory provide an opportunity for the student to become familiar with equipment and techniques. The student utilizes the nursing laboratory to practice new skills. Skills must be practiced in the laboratory before being used in the clinical setting. Competence must be demonstrated in the nursing laboratory and clinical setting. Students are responsible for material covered in campus laboratory. In order to progress in the course and program, by the end of the course each student MUST achieve a satisfactory skill criterion and demonstrate competence in laboratory skills.

At the conclusion of each laboratory experience, the student’s performance is evaluated. The student is awarded 1 point for each satisfactory performance and 0 points if performance is unsatisfactory. The student’s performance is evaluated based on environmental contribution, attendance, and preparedness. Expectations include:

1. Contributing to a productive learning environment for self and others by
   a. being prepared for the lab activities by reading and watching DVD if applicable
   b. answering questions and identifying steps or processes about skill
   c. demonstrating mastery of skills
   d. remaining attentive

2. Arriving and departing on time. Attendance is expected for each scheduled laboratory experience.

Students must receive satisfactory on clinical and laboratory evaluations to pass the course and progress in the nursing curriculum.

See **Course Evaluation** for point requirements in this course.

**Course Evaluation**

<table>
<thead>
<tr>
<th>Component</th>
<th>Weight</th>
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<tbody>
<tr>
<td>Unit Exams (3)</td>
<td>60%</td>
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<tr>
<td>Team Project</td>
<td>7%</td>
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<tr>
<td>Final Exam</td>
<td>33%</td>
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<tr>
<td><strong>Total</strong></td>
<td>100%</td>
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**Campus Labs**
Satisfactory = minimum of 5 points
Unsatisfactory = less than 5 points

**Campus Labs must be satisfactory to pass the course and progress in the nursing curriculum**

**Clinical Care Map**
Satisfactory = minimum of 12 points
Unsatisfactory = less than 12 points
Clinical evaluations must be satisfactory to pass the course. All clinical paperwork not submitted on time will result in an unsatisfactory clinical day and could result in non-success in clinical. If the student is not successful in the clinical experience the student will not pass the course nor progress in the program even if the theory grade is 75.00 or greater.

See course website for Group-Team Nutrition Project directions, and grading criteria/rubric

Course website (Blackboard): http://tclbb.vmc3.com or www.tcl.edu

Course Schedule
The class meets for two-hour lecture on Tuesdays and Wednesdays. Nursing campus laboratory-schedule is for one hour as assigned. In addition, there is a 30 minute to one (1) hour of Online Learning-Web enhanced activities. Clinical experience in the course consists of four (4) in-patient clinical days at the Beaufort Memorial Hospital's Birthing Center. Each clinical day is seven (7) hours and 15 minutes.

No recording-taping of any lectures and/or laboratory material are allowed.

ADA STATEMENT
The Technical College of the Lowcountry provides access, equal opportunity, and reasonable accommodation in its services, programs, activities, education, and employment for individuals with disabilities. To request disability accommodation, contact the counselor for students with disabilities at (843) 525-8219 or 525-8242 during the first ten business days of the academic term.

ATTENDANCE
The College’s statement of policy indicates that students must attend ninety percent of total class hours (lecture) or they will be in violation of the attendance policy.

1. Students not physically attending class during the first ten calendar days from the start of the semester must be dropped from the class for NOT ATTENDING.

2. Students taking an online/internet class must sign in and communicate with the instructor not only on the first day of class but also within the first ten calendar days from the start of the semester to indicate attendance in the class. Students not attending class during the first ten calendar days from the start of the semester must be dropped from the class for NOT ATTENDING.

3. Reinstatement requires the signature of the Division Dean.

   a. In the event it becomes necessary for a student to withdraw from the course OR if a student stops attending class, it is the student’s responsibility to initiate and complete the necessary process. Withdrawing from class may have consequences associated with financial aid and time to completion.

   b. When a student exceeds the allowed absences, the student is in violation of the attendance policy. The instructor MUST withdrawal the student with a grade of “W”, “WP”, or “WF” depending on the date the student exceeded the allowed absences and the student’s progress up to the last date of attendance OR

   c. Under extenuating circumstances and at the discretion of the faculty member teaching the class, allow the student to continue in the class and make-up the work. This exception must be documented at the time the allowed absences are exceeded.

   d. Absences are counted from the first day of class. There are no "excused" absences. All absences are counted, regardless of the reason for the absence.
4. A student must take the final exam or be excused from the final exam in order to earn a non-withdrawal grade.

5. Students are expected to be on class on time. Arrival to class/clinical after the scheduled start time or leaving class prior to dismissal counts as a tardy. Three tardies and/or early departures are considered as one absence unless stated otherwise. Students must notify the clinical unit and leave a message on the administrative assistant’s voice mail prior to their clinical start time and follow proper steps outlined in the syllabus addendum and Nursing Student Handbook depending upon the student’s tardiness or being absent from the clinical setting. Failure to do so will result in dismissal from the program.

6. It is the student’s responsibility to sign the roll/verify attendance with instructor upon entering the classroom. Failure to sign the roll/verify attendance results in a recorded absence. In the event of tardiness, it is the student’s responsibility to ensure that attendance is marked. The student is responsible for all material/announcements presented, whether present or absent.

7. Continuity of classroom and laboratory (which includes clinical experiences) is essential to the student’s progress in providing safe and competent patient care. Students are expected to use appropriate judgment for participating in clinical activities. To evaluate the student’s knowledge and skills, it is necessary for the student to be present for all clinical experiences. If absence does occur, the designated clinical site, in addition to the Division of Health Sciences Administrative Assistant, must be notified by telephone no later than 30 minutes prior to the start of the clinical experience. The Division of Health Sciences telephone number is 843-525-8267. Students must meet with the course coordinator and program director after clinical absences.

8. Absences from the clinical area are strongly discouraged. The TCL attendance policy applies to classes (lectures) only. Students are expected to attend all laboratory and clinical experiences. A student who has not arrived at the clinical agency or contacted the clinical agency 30 minutes after the start of clinical will be considered a “NO CALL, NO SHOW” and will be withdrawn from the nursing program with a WF.

*A please refer to the Division Handbook for clarification of the No Call/No Show process.*

A copy of TCL’s STATEMENT OF POLICY NUMBER: 3-1-307 CLASS ATTENDANCE (WITHDRAWAL) is on file in the Division Office and in the Learning Resources Center.

HAZARDOUS WEATHER
In case weather conditions are so severe that operation of the College may clearly pose a hardship on students and staff traveling to the College, notification of closing will be made through the following radio and television stations: WYKZ 98.7, WGCO 98.3, WGZO 103.1, WFXH 106.1, WWVV 106.9, WLOW 107.9, WGRZ 104.9, WFXH 1130 AM, WLWH 101.1, WSOK 1230 AM, WAEV 97.3, WTOC TV, WTGS TV, WJWI TV, and WSAV TV. Students, faculty and staff are highly encouraged to opt into the Emergency Text Message Alert System. [www.tcl.edu/current-students/text-alert](http://www.tcl.edu/current-students/text-alert)

ACADEMIC MISCONDUCT
There is no tolerance at TCL for academic dishonesty and misconduct. The College expects all students to conduct themselves with dignity and to maintain high standards of responsible citizenship.

It is the student’s responsibility to address any questions regarding what might constitute academic misconduct to the course instructor for further clarification.

The College adheres to the Student Code for the South Carolina Technical College System. Copies of the Student Code and Grievance Procedure are provided in the TCL Student Handbook, the Division Office, and the Learning Resources Center.

Health care professionals hold the public trust. Academic misconduct by health science students’ calls that trust into question and academic integrity is expected.
It is a fundamental requirement that any work presented by students will be their own. Examples of academic misconduct include (but are not limited to):

1. copying the work of another student or allowing another student to copy working papers, printed output, electronic files, quizzes, tests, or assignments.

2. completing the work of another student or allowing another student to complete or contribute to working papers, printed output, electronic files, quizzes, tests, or assignments.

3. viewing another student’s computer screen during a quiz or examinations.

4. talking or communicating with another student during a test.

5. violating procedures prescribed by the instructor to protect the integrity of a quiz, test, or assignment.

6. plagiarism in any form, including, but not limited to: copying/pasting from a website, textbook, previously submitted student work, or any instructor-prepared class material; obvious violation of any copyright-protected materials.

7. knowingly aiding a person involved in academic misconduct.

8. providing false information to staff and/or faculty.

9. entering an office unaccompanied by faculty or staff.

10. misuse of electronic devices.

**GRADING POLICY**

<table>
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<tr>
<th>Grading scale</th>
<th>W withdraw</th>
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<tbody>
<tr>
<td>90% - 100%</td>
<td>A</td>
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<tr>
<td>82% - 89%</td>
<td>B</td>
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<tr>
<td>75% - 81%</td>
<td>C</td>
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<tr>
<td>70% - 74%</td>
<td>D</td>
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<tr>
<td>Below 70%</td>
<td>F</td>
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**Grading Methodology**

The final grade must be 75.000 or more in order to pass the course and progress in the program. Students absent from an examination or presentation will receive a “0” grade for the examination or presentation unless other arrangements are made with the individual instructor prior to the examination or presentation day or on the examination or presentation day before the test/presentation is scheduled to be given. **Arrangements may be completed by telephone. If the instructor is not available, a message should be left on the instructor’s voice mail AND speak with another member of the faculty and/or administrative assistant.** Messages sent by other students are unacceptable. The student is responsible for notifying the instructor for the reason of the absence. Students who are tardy for an examination will take the examination in the remaining allotted time.

Make up quizzes and/or examinations **may be offered**, at the instructor’s discretion, during the final examination period. Additional options for make-up testing include reweighting the final examination. It is the responsibility of the student to contact the appropriate instructor to arrange to make up the examination. The instructor will decide the method of examination. Grades are posted on Blackboard within one week of administration of tests and examinations.
Students with concerns or questions regarding grades awarded for a graded activity should contact the course faculty within one week of the grade being posted.

*There is a 10 point penalty on tests for any noise emitting from an electronic device.*

**Course Coordinator:** Colleen Bible, MSN, RN  
**OFFICE LOCATION:** Building 4, Room 203 (Beaufort campus)  
**TELEPHONE NUMBER:** 843-525-8345 or 843-525-8267  
**E-Mail:** cbible@tcl.edu

**INSTRUCTOR:** Marge Sapp, MSN, APRN, BC  
**OFFICE LOCATION:** Building 4, Room 126 (Beaufort campus)  
**TELEPHONE NUMBER:** 843-525-8218 or 843-525-8267  
**E-Mail:** msapp@tcl.edu

**Division of Health Sciences Administrative Support**  
**Office Location:** Building 4, Room 115 (Beaufort campus)  
**Telephone Number:** 843-525-8267 or 843-470-8378

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**Syllabus Addendum**

**COMPUTER REQUIREMENTS** - To ensure successful completion of an online course, a student should have an appropriately equipped computer. Use the guidelines included on the TCL website.

**USER RESPONSIBILITY ON USE AND DUPLICATION OF COMPUTER SOFTWARE (TCL PROCEDURE 7-1-702.5)** Students are responsible for the legal use of computer software and applicable copyright laws and are prohibited from copying software on College computers and from installing personal software.

**COURSE POLICIES/PROCEDURES**  
It is clearly to the advantage of the student to attend class regularly. Test materials are weighted heavily in favor of lecture materials.

All cell phones and pagers must be turned off during class (lecture and laboratory periods). No pagers or phones are allowed in the clinical facility. No exceptions are made to this rule.

Students are held accountable for content in the nursing student handbook.

http://www.tcl.edu/programs-of-study/health-sciences/nursing

Instructors will excuse a student from class who disrupts the class.

No course grades are posted in public areas. Grades are available through Web Advisor. The student must go to the college’s website www.tcl.edu Select current student then select TCL Web Advisor and find: (1) the directions and a demonstration on how to log in to Web Advisor, and (2) how to access grades. For questions, contact the TCL Help Desk at 525-8344 or the Registrar’s office at 525-8210.

**COMMUNICATION**  
Instructors will generally respond to voice mail messages and e-mail messages as soon as possible. If there is a problem, the student should remember that a face-to-face meeting with the instructor is best. Student should contact instructor to make an appointment. **Student is to check TCL email and Blackboard course site at least twice each day i.e. morning and evening for course, lab, and/or clinical information and announcements.**
Conferences on clinical performance are at the completion of the clinical experience. Additional conferences occur as necessary and feedback provided for improvement as needed. Satisfactory is required in all clinical outcomes in order to successfully fulfill the clinical component of the course.

**KEY: S = Satisfactory U = Unsatisfactory**

<table>
<thead>
<tr>
<th>Clinical Outcomes</th>
<th>Summative Evaluation</th>
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<tbody>
<tr>
<td><strong>The student will</strong></td>
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<tr>
<td>1. Demonstrate professional behavior</td>
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<tr>
<td><em>Minimum expectations:</em></td>
<td></td>
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<tr>
<td>A. Preparation for clinical experience is evident</td>
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<tr>
<td>B. Application of prior learning</td>
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<tr>
<td>C. Illustrates responsibility for own actions</td>
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<tr>
<td>D. Maintains appearance in accordance with the student handbook</td>
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<tr>
<td>E. Arrives and departs on time</td>
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<td>F. Practices within the appropriate scope</td>
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<tr>
<td>G. Shows initiative in patient care and organizational issues</td>
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<tr>
<td>H. Utilizes feedback to improve nursing practice</td>
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<tr>
<td>2. Formulate health promotion and maintenance aspects into teaching the childbearing and childrearing family about basic health care</td>
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<tr>
<td><em>Minimum expectations:</em></td>
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<tr>
<td>A. Addresses individuality in teaching</td>
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<td>B. Documents appropriate patient education</td>
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<td>C. Support persons are included in educational activities</td>
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<tr>
<td>3. Use effective communication with childbearing and childrearing families as evidenced by</td>
<td></td>
</tr>
<tr>
<td><em>Minimum expectations:</em></td>
<td></td>
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<tr>
<td>A. Verbal communication is assertive</td>
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<tr>
<td>B. Prompt, accurate, and appropriate clinical documentation</td>
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<tr>
<td>C. Interactions with peers, instructors, patients, family and other health care professionals are disciplined and productive</td>
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</tbody>
</table>
4. Use accepted standards of clinical practice to provide care to uncomplicated perinatal, postpartum, and neonatal patients

**Minimum expectations:**
- A. Demonstrates use of nursing process
- B. Calculation of medication dosages are accurate
- C. Demonstrates safe, effective, and systematic medication administration
- D. Utilizes anatomy, physiology, and pathophysiology in the implementation
- E. Delivery of patient care is based on changes in patient’s condition and/or health status
- F. Organizational skills demonstrate the ability to prioritize

5. Utilize ethical and legal aspects of nursing care when caring for the childbearing and childrearing family

**Minimum expectations:**
- A. Maintenance of basic physical, psychosocial, cultural, spiritual, and developmental dimensions of the individual

**Student Comments:**

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**Instructor Comments:**

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______________________________

Student’s Signature                  Date

______________________________

Instructor’s Signature               Date

Birthing Center – Post Partum-Newborn Care Map (Total Points): _________ Grade: Satisfactory______ Unsatisfactory______

Labor & Delivery Learning Activity     Grade: Satisfactory _____ Unsatisfactory _____

Summation of Clinical Paperwork: