NUR 162 Fall 2012 Syllabus Addendum
Technical College of the Lowcountry
Nursing Program

COMPUTER REQUIREMENTS. To ensure successful completion of an online course, a student should have an appropriately equipped computer. Use the guidelines included on the TCL website.

USER RESPONSIBILITY ON USE AND DUPLICATION OF COMPUTER SOFTWARE (TCL PROCEDURE 7-1-702.5). Students are responsible for the legal use of computer software and applicable copyright laws and are prohibited from copying software on College computers and from installing personal software.

COURSE TOPIC OUTLINE/PURPOSE. See course website for detailed outline and learning activities.
1. Roles and responsibilities of the registered nurse in mental health care
2. Responsibilities for a safe and therapeutic environment: Tools of the nurse
3. Health seeking behaviors: cultural influences, alternative treatments, wellness, teaching groups
4. Nursing management of individuals with problems associated with stress, anxiety and mood
5. Nursing management of individuals with thought disturbances
6. Nursing management of individuals with problems of substance use and cognition
7. Nursing management of individuals with problems of learning, behavior and control

REQUIREMENTS

COURSE POLICIES/PROCEDURES

• It is clearly to the advantage of the student to attend class regularly. Test materials are weighted heavily in favor of lecture materials.
• All cell phones and pagers must be turned off during class (lecture and laboratory periods). No pagers or phones are allowed in the clinical facility.
• Students are held accountable for content in the Nursing Student and Health Science student handbooks.
• Instructors will excuse a student from class who disrupts the class.
• No course grades are posted in public areas. Grades are available through WebAdvisor. The student must go to the college’s website [www.tcl.edu](http://www.tcl.edu) to select current student then select TCL WebAdvisor and find: (1) the directions and a demonstration on how to log in to WebAdvisor, and (2) how to access grades. For questions, contact the TCL Help Desk at 525-8344 or the Registrar’s office at 525-8210.

COMMUNICATION

Instructors generally respond to voice mail messages and e-mail messages promptly. If there is a problem, the student should remember that a face-to-face meeting with the instructor is best. Students should contact an instructor to make an appointment.
**Classroom Discussion**
When asking questions during class, speak loudly and clearly and/or stand so other students can hear your question.

**Students**
- Contact information for instructors is listed on the course syllabus.
- The student is responsible for making sure the instructor and College have his/her current contact information, including telephone number(s) and e-mail address.
- **All** students are expected to establish a TCL email account. The student is responsible for checking the course Blackboard site and TCL email account regularly for course announcements and email.
- **Student should check TCL email at least once each day.**

**Voice Messages**
- Instructors' telephone numbers and the Division Administrative Assistant's telephone number are listed on the course syllabus.
- When leaving a voice mail message for the instructor, the student should speak slowly and clearly. He/she should leave accurate information including accurate telephone number(s) where he/she may be reached. It is helpful to repeat the telephone number at the very end of the voice message.
- The Division Administrative Assistant is available on class days from 8:00-4:30 pm. A message left with the Administrative Assistant will be received by the instructor when he/she checks the mailbox. The most efficient way to get a voice mail message to an instructor is to leave a voicemail at the instructor's contact number listed on the course syllabus.

**E-mail Messages**
- The instructors’ e-mail addresses are listed on the course syllabus.
- When e-mailing an instructor, the student should identify herself/himself in the body of the message. Identifying information should include name, course, and section in which the student is enrolled, and a telephone number where he/she may be reached. With the tools provided by the browser, it might be helpful to create a "signature" with this information for all e-mails.

**GRADING METHODOLOGY**
The clinical portion of this course is evaluated on the formative and summative clinical evaluation. The clinical component of the course is evaluated as **satisfactory** or **unsatisfactory**. An **unsatisfactory** in the clinical portion of the course results in the failure of the course even if the theory grade is 75 or higher. Written clinical assignments must be submitted as the experience progresses and as directed by the clinical instructor. Completed journals are due **November 15, 2012** (excepting scheduled clinical experiences after this date). Written clinical assignments submitted late will result in an unsatisfactory grade. An instructor or student may request a conference at any time deemed necessary.

The first test review is mandatory for all students. The second test review is mandatory for those students who scored below 80% on the first exam. The third test review is mandatory for those students who received a mid-term warning.

Grades are posted on Blackboard within one week of administration of tests and examinations.
### Instructional Methods

<table>
<thead>
<tr>
<th>Assigned readings</th>
<th>Class handouts</th>
<th>Small group exercises</th>
</tr>
</thead>
<tbody>
<tr>
<td>ATI assessment testing, remediation</td>
<td>Clinical conferences</td>
<td>Computer assisted instruction</td>
</tr>
<tr>
<td>Case studies</td>
<td>Clinical experiences</td>
<td>Test reviews</td>
</tr>
<tr>
<td>Group discussion</td>
<td>Observational experiences</td>
<td>Tests, quizzes, final exam</td>
</tr>
<tr>
<td>Lecture</td>
<td>Self-paced learning programs</td>
<td>Written assignments</td>
</tr>
</tbody>
</table>

### ADDITIONAL COURSE POLICIES/PROCEDURES

#### Course Structure.
Classes are designed to employ a variety of teaching/learning strategies. In order to maximize learning, required readings should be done prior to a unit. If a student is falling behind in clinical performance or academic achievement, it is imperative to seek immediate assistance from the instructors.

#### Assessment Testing.
Assessment tests are given to assist in the evaluation of individual student progress and to support student success. The Assessment Technologies Institute (ATI) assessment test required in this course is Mental Health Nursing. The due date for completion of this test is **November 12-16, 2012**. Students who do not achieve the required scores must meet with the course coordinator and complete the prescribed remediation. Completion of remediation, when required, is due prior to the final exam.

Failure to complete the testing or required remediation by the dates indicated above will result in a grade of **Incomplete** ("I") for the course and non-progression in the nursing curriculum. Students having difficulty with either the test or remediation components must speak personally with a course coordinator three (3) business days or more in advance of the published due dates.

#### CLINICAL EXPERIENCES
The clinical experiences are primarily focused in the community. No pre-planning is required. Selected clinical experiences are scheduled (Restorative Independent Living Skills (RILS), Beaufort Marine Institute (BMI), Memory Matters, acute care, hospice). Additional clinical experiences in the community are individually arranged.

In order to perform at a satisfactory level in the clinical area, students must be prepared, on a daily basis, to do the following:
- complete clinical assignments (e.g. written assignments, Interpersonal Process Recordings (IPRs) on time and in the prescribed manner;
- arrive on time and in proper attire;
- accurately perform nursing skills;
- correctly apply all previously mastered knowledge, skills, and abilities.

Students not prepared experience(s) are given an unsatisfactory.

### CLINICAL GUIDELINES
Students utilize facilities below to complete clinical learning.

**Journaling.** Students demonstrate some learning by journaling. Most journal entries are submitted at the BlackBoard 9 course website (IPRs are submitted in hardcopy). Each entry addresses criteria identified and must describe affective and cognitive learning associated with the experience. Journal entries are presented in complete, grammatically correct sentences.

Journals are confidential and are not shared between students or faculty.
1. **Coastal Empire Mental Health Restorative Independent Living Skills (RILS).** Students are assigned to this facility attend for 1 day.

   Recovery Center, 62 Possum Hill Rd, Beaufort.
   Contact person: **Bob Medzie, (843) 846-2913**
   Clinical schedule: 9:15 am-2:45 pm
   OR
   Island House Clubhouse, 3 Matthews Ct., Suite B: Hilton Head Island.
   Contact person: **Athena Whitlow, (843) 681-8650**
   Clinical schedule: 7:45-1:15 pm

   a. Students follow the facility schedule. It is the student’s responsibility to be on time and participate in all activities.
   b. Dress. Students wear street clothes and comfortable shoes without lab coat or nametag. Clothes must be in good repair. No t-shirts or suggestive clothing.
   c. Meals are provided (Island House charges a small fee) at the RILS programs. Students eat with consumers and staff as a part of programming.
   d. Cars. Students park in designated areas. Personal valuables should not be brought to the agency. The agency is not responsible for lost or stolen items.
   e. Presence. Students are expected to be at the program at all times unless on an activity with staff and consumers. If the schedule of activities includes an off-campus activity, students are expected to participate.
   f. Journal entries for this experience. Submit your entry within 1 week of the experience.

   1) Complete one IPR based on an interaction with a consumer. The IPR should include a minimum of 3 exchanges between the student and consumer.
   2) Observe psychoeducational groups. Evaluate effectiveness of the program. Give evidence to support your conclusion.
   3) How was teaching this population different from other patient populations you have encountered in medical surgical areas?
   4) How did you feel about this experience?

2. **Tour of Beaufort Marine Institute (BMI). 60 Honeybee Island Road, Seabrook, SC 29940** November 8th, 2012

   a. BMI serves adolescent males, age 14 to 18 who have engaged in criminal conduct. This setting is a controlled environment. No smoking or swearing anywhere on the campus. Your car keys will be taken from you while on campus (institutional rule). Wear comfortable, casual, neat, conservative clothes, shoes with toes. No jeans or t-shirts. Lab coats/name pins are not necessary.
   b. Journal entry. Submit your entry within 1 week of the experience.

   1) Observe services offered by a facility engaged in prevention of further problems with the criminal justice system and healthy re-socialization of adolescent males.
   2) Give an example of how needs related to these young men’s developmental stage are met within this setting using theories from Piaget and Sullivan. Justify your example.
   3) Describe roles a nurse might fulfill at Beaufort Marine Institute.
   4) Describe one example of how behavior modification is used in this agency.

3. **Attend 1 or 2 meetings [depending on which inpatient rotation you are assigned] of a community-based group whose mission focuses on recovery from chemical dependence.**

   a. Make sure the meetings are *Open to the public.* Only 1 student may attend any meeting. Family or friends may not accompany you to this meeting. Post the meeting you plan to attend on the discussion board at the course website so others will not attend the same meeting. Check postings to make sure no other student plans to attend the meeting you selected.
   b. Journal entry. Submit your entry within 1 week of attending each group.

   1) List date, time, and place of the meeting. Identify the **topics (no details)** discussed.
   2) What information did you gain? How did you identify with others at the meeting?
   3) Describe a specific clinical situation in which you would use information gained from the meeting to assist an individual in a medical-surgical setting.
4. Actively observe an inpatient behavioral health setting.
   a. Sites
      1) Beaufort Memorial Hospital; 2 East. Hours 0700-1200 at the facility and 1230-1300 on campus for debriefing. Susan South, RN, Nurse Manager. Phone 843-522-5877. **NOTE: Students assigned to this inpatient experience must attend 2 community meetings.**
      2) Colleton Regional Medical Center, 501 Robertson Blvd., Walterboro; 4th floor. Hours 8:00 – 2:00. Debra Parker, RN, Nurse Manager. Phone 843-782-2625.
   b. Attire – nursing student uniform
   c. If attending BMH, review the patient orientation booklet prior to the experience.
   d. Journal entry. Submit your entry within 1 week of the experience.
      1) Document the mood and affect for one patient. Describe observations that led to your assessment.
      2) Cite 3 signs or symptoms of mental illness you observed. Describe the findings that led to your assessment.
      3) How were patients’ rights addressed? Refer to **Box 5-3 on p 78** in your Townsend text.
      4) Complete one IPR based on an interaction with a consumer. The IPR should include a minimum of 3 exchanges between the student and consumer.

5. Memory Matters
   a. Site 117 William Hilton Pkwy, Hilton Head Island
   b. Contact Edwina ‘Eddy’ Hoyle, 843-842-6688
   c. Hours Either **Tuesday, Wednesday, or Thursday 9:30 -1:30** as assigned
   d. Attire: Wear comfortable, casual, neat, conservative clothes. No jeans or t-shirts. Lab coats/name pins are not necessary.
   e. Journal entry. Submit your entry within 1 week of the experience.
      1) Observe strategies staff used to communicate with patients in this setting. Summarize how these communication strategies are the same or different from strategies used by health care professionals in other practice settings.
      2) How was this environment different from other sites you have observed caring for persons with dementia?

6. Attend a community education meeting with a topic focused on mental health or mental illness.
   a. Multiple students may attend the same meeting.
   b. Journal entry. Submit your entry within 1 week of the experience.
      1) Give the date and location of the meeting you attended.
      2) In 1 paragraph, summarize the topics discussed and how you were greeted.
      3) How did you identify with individuals at the meeting and feel about this experience?
      4) How could you use what you learned to help people stay “mentally healthy”?

7. Hospice
   a. Site – You will be meeting your nurse (he or she will contact you the night before to tell you location and time)
   b. Contact Kendell Brinkmann 843-706-2296
   c. Hours – 6 hours on a **Tuesday or Wednesday** will be arranged by the nurse
   d. Attire- Nursing Uniform
   e. Journal entry. Submit your entry within 1 week of the experience.
      1) List indicators you observed of the family’s effective and ineffective coping.
      2) Would you identify the family and patient’s predominant culture as western or non-western? What observations influenced your assessment?
      3) Describe the nurse’s role. What counseling did the nurse do with family or patient?
      4) Identify assessment findings related to the patient and family’s value-belief functional health pattern.
ASSOCIATE DEGREE NURSING PROGRAM

NUR 162
CLINICAL EVALUATION

Name

Clinical Sites – RILS, community support and education groups, BMI, acute care, hospice visit, outpatient respite program for individuals with dementia

Clinical performance is evaluated at midterm (formative) and at the completion of the course (summative). Conferences are held as necessary. The final summative evaluation addresses completion of outcomes and identification of strengths and areas needing further development. All clinical outcomes must be rated as satisfactory in order to successfully fulfill the clinical component of the course.

<table>
<thead>
<tr>
<th>KEY</th>
<th>S - Satisfactory</th>
<th>ND - Needs development</th>
<th>U - Unsatisfactory</th>
<th>NO - Not observed</th>
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### Clinical Outcomes

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<th>Clinical Outcomes</th>
<th>Formative Evaluation</th>
<th>Summative Evaluation</th>
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1. Relate nursing perspectives to members of the multi-disciplinary team.

**Minimum expectations**

- a. Shows initiative related to consumer care and milieu concerns.
- b. Articulates the nurse’s role during team discussions.

2. Survey resources for individuals with significant psychosocial stressors.

**Minimum expectations**

- a. Attends appropriate community support groups.
- b. Participates in designated community activities.
- c. Journal entries are complete.

3. Use effective communication techniques with individuals and groups.

**Minimum expectations**

- a. Uses therapeutic communication.
- b. Analyzes own communication.
- c. Interactions with peers, instructors, consumers, family and other health care professionals are disciplined and productive.

4. List teaching strategies for groups of individuals with significant psychosocial stressors.

**Minimum expectations**

- a. Contrast teaching strategies for individuals with significant psychosocial stressors to those of individuals in other health care settings.
- b. Examine teaching and learning in community settings for individuals with significant psychosocial stressors.
- c. Preparation for clinical experience is evident.
- d. Appearance is in accordance with student handbook.
- e. Arrives and departs on time.
- f. Practices within the appropriate scope.
- g. Journal entries document affective and cognitive learning.
5. Demonstrate insight in relating to individuals with significant psychosocial stressors.

*Minimum expectations*
   a. Mastery of prior learning is evident.
   b. Shares perceptions with peers and instructor.
   c. Shows self-awareness when interacting with others.
   d. Accepts responsibility for own actions.
   e. Utilizes feedback to improve nursing practice.

6. Identify assessment findings associated with significant psychosocial stressors.

*Minimum expectations*
   a. Associate psychopathology with patient behavior.
   b. Identify how culture and spirituality influence adjustment and adaptation for individuals and families facing significant psychosocial stressors.

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<th>Strengths/Areas needing development.</th>
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**Formative Evaluation**

Instructor

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**Summative Evaluation**

Instructor

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Student

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Instructor

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Student

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Instructor

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Student

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Instructor

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### JOURNALING TALLY - ATTACH THIS SHEET TO YOUR CLINICAL EVALUATION

Record your initials by each item when you have completed it. All journal entries must be completed and submitted to an instructor by 11/15/12 except for clinical activities scheduled after that date. No journal entries accepted after the last class.

<table>
<thead>
<tr>
<th>Computer Assisted Instruction</th>
<th>Completed, Instructor’s Initials</th>
</tr>
</thead>
</table>
| Fundamentals: Therapeutic Communication Skills [EDGT Quiz]  
  *Due date: August 30* |                                  |
| Be Drug Wise: Psychotherapeutic Meds [EDGT Quiz] Psych Meds Test 6  
  Summary Questions  
  *Due date: September 13* |                                  |
| Depression Case Study  
  *Due date: October 4* |                                  |
| Bipolar Disorder Case Study  
  *Due date: October 11* |                                  |
| Geri Case Study  
  *Due date: October 25* |                                  |
| Answering Communication Questions  
  Room 126/ Folder: Test Taking. *(Optional)* |                                  |
| Uppers, Downers, & All Arounders. *(UDAA icon) (Optional)* Room 126/Folder: Mental Health. |                                  |
| Maintaining Safe Environment  
  Room 126/Folder: Environment. *(Optional)* |                                  |

### Additional Items

- **IPR #1**
  Submit in hardcopy

- **IPR #2**
  Submit in hardcopy

- **IPR #3**
  Submit in hardcopy